



Qualification Specification



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### Introduction

The ProQual Level 7 Diploma in Mono & Polydioxanone Thread Treatments provides a nationally recognised qualification for advanced aesthetic practitioners seeking to develop their expertise in non-surgical thread lifting procedures. This qualification equips learners with the in-depth knowledge and practical skills required to perform mono PDO thread treatments safely and effectively to achieve facial and body rejuvenation.

The aims of this qualification are:

- To develop an understanding of ethics, legislation and regulatory standards at the highest level of aesthetic practice.
- To develop an understanding of aesthetic consultation and individualised treatments.
- To develop and demonstrate their understanding of the principles, techniques, and applications of mono PDO thread treatments.

Having a nationally recognised qualification in aesthetic practice is being welcomed by thousands of aesthetic practitioners who have previously undergone the training route that has only enabled them to receive an acknowledgment of attending a course. Aesthetic practice is a very comprehensive and complex area and anyone offering aesthetic treatments should be suitably qualified to do so, through a nationally recognised qualification, that sets demanding and high standards of education.

Moreover, a Level 7 qualification will foster a much bigger investment in terms of both time and money, and offer far more in return: more education, more experience, more supervision, more observation, more theory, bigger investment, solid understanding and demonstration of high, safe, ethical, aesthetic treatments - more reassuring to students and the public.

A Level 7 qualification provides a specialist work-related programme of study that provides breadth and depth of knowledge and understanding, along with practical skills required in the aesthetics sector and to meet a set of standards recommended in the Health Education England's (HEE) 2015 'Qualification Requirements for Delivery of Cosmetic Procedures'.

The awarding body for this qualification is ProQual AB. This qualification has been approved for delivery in England and Northern Ireland. The regulatory body for this qualification is Ofqual, and this qualification has been accredited onto the Regulated Qualification Framework (RQF), and has been published in Ofqual's Register of Qualifications.



### **Qualification Profile**

Qualification Title:	ProQual Level 7 Diploma in Mono and Polydioxanone Thread Treatments		
Qualification Number:	610/5478/1		
Level:	Level 7		
Total Qualification Time (TQT):	510 Hours 51 Credits		
Guided Learning Hours (GLH):	280 Hours		
	Pass / Fail		
Assessment:	Internally assessed and verified by centre staff		
	External quality assured by ProQual Verifiers		
Qualification Start Date:	31/03/2025		
Qualification Review Date:	01/08/2025		
Next Review Due:	01/08/2028		

### **Learner Profile**

Candidates for this qualification **must** meet one of the following qualification requirements before they can be registered on this course:

 Hold the ProQual Level 4 Diploma in Aesthetic Practice, or an equivalent qualification.

#### **AND**

Hold a level 6 qualification that includes anatomy and professional practice.

#### **AND**

 Hold a valid first aid at work certificate, that remains valid for the duration of the course.

#### OR

 Hold the ProQual Level 6 Diploma in Aesthetic Practice, or an equivalent qualification.

#### **AND**

 Hold a valid first aid at work certificate, that remains valid for the duration of the course.

#### OR

• Be a fully qualified and registered nurse or doctor.

Candidates for this qualification should also either:

 Be employed in a role where they will have the opportunity to carry out a number of dermal filler and botulinum treatments on a range of clients.

#### OR

 Be enrolled with a training provider, which will enable them to carry out a number of dermal filler and botulinum treatments on a range of simulated or real live clients.

Candidates must be **at least 18 years old** on the day that they are registered for this qualification, centres are reminded that no assessment activity may take place before a candidate has been registered.

Centres must carry out an initial assessment of a candidate's skills and knowledge to satisfy themselves that the candidate is capable of working at Level 7.

### **Qualification Structure**

This qualification consists of **five** units. Candidates must complete all mandatory units to complete this qualification.

Unit Number	Unit Title	Level	TQT	GLH			
Mandatory Units – Candidates must complete <b>all</b> units in this group.							
R/651/2415	Consultation for Individualised Facial Aesthetic Treatments	7	120	100			
T/651/2416	Psychological Aspects of Facial Aesthetics	7	80	30			
Y/651/2417	Values, Ethics and Professionalism in Aesthetic Practice	7	80	30			
H/651/5382	Principles and Practices of Mono Polydioxanone Thread Treatments	7	150	100			
J/651/2420	Management of Complications for Aesthetic Practice	7	80	20			



### **Centre Requirements**

Centres must be approved to deliver this qualification. If your centre is not approved to deliver this qualification, please complete and submit the **ProQual Additional Qualification Approval Form.** 

Materials produced by centres to support candidates should:

- Enable them to track their achievements as they progress through the learning outcomes and assessment criteria.
- Provide information on where ProQual's policies and procedures can be viewed.
- Provide a means of enabling Internal and External Quality Assurance staff to authenticate evidence.



### Certification

Candidates who achieve the requirements for this qualification will be awarded:

- · A certificate listing all units achieved, and
- A certificate giving the full qualification title:

### ProQual Level 7 Diploma in Mono and Polydioxanone Thread Treatments

#### Claiming certificates

Centres may claim certificates for candidates who have been registered with ProQual and who have successfully achieved the qualification. All certificates will be issued to the centre for successful candidates.

#### **Unit certificates**

If a candidate does not achieve all of the units required for a qualification, the centre may claim a unit certificate for the candidate which will list all of the units achieved.

### Replacement certificates

If a replacement certificate is required a request must be made to ProQual in writing. Replacement certificates are labelled as such and are only provided when the claim has been authenticated. Refer to the Fee Schedule for details of charges for replacement.



### **Assessment Requirements**

Each candidate is required to produce a portfolio of evidence which demonstrates their achievement of all of the learning outcomes and assessment criteria for each unit.

Evidence can include:

- Observation report by assessor.
- Assignments/projects/reports.
- Professional discussion.
- Witness testimony.
- Candidate product.
- Worksheets.
- Record of oral and written questioning.
- Recognition of Prior Learning.

Candidates must demonstrate the level of competence described in the units. Assessment is the process of measuring a candidate's skill, knowledge and understanding against the standards set in the qualification.

Centre staff assessing this qualification must be **occupationally competent** and qualified to make assessment decisions. Assessors who are suitably qualified may hold a qualification such as, but not limited to:

- ProQual Level 3 Certificate in Teaching, Training and Assessment.
- ProQual Level 3 Award in Education and Training.
- ProQual Level 3 Award in Assessing Competence in the Work Environment. (Suitable for assessment taking place in a working salon only.)
- ProQual Level 3 Award in Assessing Vocational Achievement.
   (Suitable for assessment taking place in a simulated training environment only.)

Candidate portfolios must be internally verified by centre staff who are **occupationally knowledgeable** and qualified to make quality assurance decisions. Internal verifiers who are suitably qualified may hold a qualification such as:

- ProQual Level 4 Award in the Internal QA of Assessment Processes and Practice.
- ProQual Level 4 Certificate in Leading the Internal QA of Assessment Processes and Practice.

**Occupationally competent** means capable of carrying out the full requirements contained within a unit. **Occupationally knowledgeable** means possessing relevant knowledge and understanding.



### **Enquiries, Appeals and Adjustments**

Adjustments to standard assessment arrangements are made on the individual needs of candidates. ProQual's Reasonable Adjustments Policy and Special Consideration Policy sets out the steps to follow when implementing reasonable adjustments and special considerations and the service that ProQual provides for some of these arrangements.

Centres should contact ProQual for further information or queries about the contents of the policy.

All enquiries relating to assessment or other decisions should be dealt with by centres, with reference to ProQual's Enquiries and Appeals Procedures.



### Units – Learning Outcomes and Assessment Criteria

Title:			Jali	on for sed Fac Treatme	Level:	7			
Unit Number: R/651/241		5	TQT:	120	GLH:	100			
	ng Outcomes Irner will be abi			ssessment Criteria ne learner can:					
1	Understand the importance of individualised consultation for facial aesthetic treatments.		1.1		procedu	lient centred ap Ures can enhand			
			1.2	examina	Discuss the reasons why a physical examination of the client is essential proper to any aesthetic procedure.				
			1.3		Explain why it is important to only work within own competence and scope of practice.				
			1.4 Discuss how clients can be supporte educated, voluntary decisions about						
				• Tre	eatment.	ent care. nent care.			
			1.5		nities to re	its of providing c eflect prior to em ures.			
			1.6		Discuss the factors that dictate timescales, in relation to aesthetic treatments.				
2	2 Understand how to assess the suitability of a client for facial aesthetic procedures.		2.1			s of ageing on a tics and morpho			
			2.2		Evaluate the impact of health conditions on carrying out facial aesthetic procedures.				
3	Assess the sui a client for a treatment ar treatment pla	esthetic nd agree a	3.1	Obtain re	elevant ir	formation from	the client.		



3	Continued	3.2	<ul> <li>Analyse a client's aesthetic and medical history, including but not limited to:</li> <li>Making a determination on their suitability for aesthetic procedures.</li> <li>Explaining why you have come to this determination.</li> <li>Highlighting any factors that may prevent the process.</li> </ul>
		3.3	Discuss with the client the potential side effects, complications, and risks of the procedure.
		3.4	Explain to the client how the any risks associated with the procedure will be mitigated.
		3.5	Follow appropriate referral procedures, working within own competence and scope of practice.
		3.6	Explore the range of support pathways, justifying choices as relevant to the client's specialist needs.
		3.7	Educate the client on the range of treatment options and how to optimize treatment outcomes.



### Additional Assessment Information

Learning Outcomes 1 and 2 are **knowledge based**. This means that evidence is expected to take the form of candidate's written work and/or records of appropriate professional discussions.

Learning Outcome 3 is **competency based.** This means that the candidate is expected to perform the tasks, and demonstrate the level of competence, outlined in the assessment criteria. It is expected that evidence will be a combination following:

- Photographic and/or video evidence of the candidate's practical work.
- Assessor's observation report.
- Expert witness testimony.
- Candidate reflection on own practical work.

An observation report and witness testimony are differentiated as follows:

- An assessor's report is completed by a qualified assessor who observes the
  candidate carrying out practical work. The assessor will make assessment
  decisions as they observe and record these in the report, alongside a
  commentary of what they observe.
- A witness statement is completed by a suitably qualified or experienced expert who observes the candidate carrying out practical work. The witness statement will contain only a commentary of what has been observed. An assessor must then use the witness statement, alongside any additional evidence to make assessment decisions.
- In all cases, an assessor's report is preferred as evidence over a witness statement; as it is always better for an assessor to observe a candidate live.

Assessors may wish use to use a checklist or evidence matrix to organise and track the assessment outcomes that have been achieved, but these **do not**, in themselves, constitute evidence of achievement.

An assessor's report or witness statement alone is unlikely to be sufficient evidence of achievement. Reports and statements should always be accompanied by photographic and/or video evidence.

Centres may use the appropriate ProQual Candidate Workbook to organise candidate evidence or may use their own portfolio templates.

It is expected that competence of each assessment criteria will be observed at least six times before it is awarded. Both the candidate and live model must be at least 18 years old.

Evidence of practical skills **may** be simulated, provided:

- The simulated environment matches, as close as possible, the real-world working environment.
- The candidate performs any assessed treatment on a live model.



Title:				ical Asp thetics	ects c	of Level:	7	
Unit	Number:	T/651/241	6	IQT:	80	GLH:	30	
Learning Outcomes The learner will be able to:			Assessment Criteria The learner can:					
1	Understand factors that	drive the	1.1			nt trends in fac ave changed		
	global facial aesthetics industry.		1.2			psychological growth of the fo	factors that acial aesthetics	
2	2 Understand the psychology of self-image.		2.1			ct of social and perception of		
		ımage.	2.2	•	,	,	cuss how it can ption of beauty.	
			2.3	Analyse dissatisfa		ons for rising lev he UK.	els of body	
			2.4			t of aesthetic   sychological w	orocedures on ell-being.	
3	Understand the processes that can help recognise and		3.1	techniqu	es availo	ety of screen to able and techr mental health	niques used to	
	shield clients with mental health issues.		3.2		•	t of legislation of legislation of legislation of the client of the clie		
		3.3	carrying	out facio	ntial negative al aesthetic pro ody dysmorphi	cedures on		
			3.4		nelp man	ge of strategies age post-proc ues.	•	



### **Additional Assessment Information**

This unit is **knowledge based**. This means that evidence is expected to take the form of candidate's written work and/or records of appropriate professional discussions.

Centres may use the appropriate ProQual Candidate Workbook, or their own, centre devised, assignments.



Title:		Values, Ethics and Professionalism in Aesthetic Practice					7
Unit N	lumber:	Y/651/24	17	TQT:	80	GLH:	30
_			ssment Crite arner can:	ia			
1	1 Understand legislation, guidance and professional standards in a clinical injectable therapy setting.				Describe the key regulations, standards and guidance relevant to aesthetic practice.		
			1.2	and adm	inistration of	of placed or medicines re tic injectable	elevant to
2	Understand the team working leadership ar management clinical inject therapy setting	ership and agement in a al injectable		·		e factors invo ng in a clinico	



### **Additional Assessment Information**

This unit is **knowledge based**. This means that evidence is expected to take the form of candidate's written work and/or records of appropriate professional discussions.

Centres may use the appropriate ProQual Candidate Workbook, or their own, centre devised, assignments.

In addition, in order to be awarded this unit, candidates are required to demonstrate the values of commitment, compassion, honesty and personal integrity and respect for others.

The assessor for this unit must sign the "Declaration of Demonstrated Behaviours", a copy of which can be found on the following page, and include it within the candidate portfolio.



# Declaration of Demonstrated Behaviours

By signing this document you are declaring that:

- You are occupationally competent in clinical aesthetic practice.
- You have assessed the candidate who is named and has signed below for unit Y/651/2417 Values, Ethics and Professionalism in Aesthetic Practice.
- You agree that the candidate who is named below has demonstrated the behaviours of:
  - o Commitment.
  - o Compassion.
  - o Honesty.
  - Personal Integrity.
  - o Respect for others.

Candidate Name:	Candidate Signature:	Date:

Assessor Name:	Assessor Signature:	Date:



Title:			and	and Prac Polydio	ctices of xanone	Level:	7			
Unit N	umber:	H/651/538	32	IQT:	150	GLH:	100			
	ng Outcomes arner will be abl			ssessment Criteria ne learner can:						
1	Understand the principles of replydicyanar	mono	1.1		the benefits inone thread	and limitation ds.	n of mono			
	polydioxanone thread treatments.	1.2	own com	•	e of working only withi en providing mono ds.					
			1.3		Identify absolute and relative contra indications for mono polydioxanone threads.					
		1.4	threads a	the types mond their uses ono threads.	ono polydiox , including:	anone				
			1.5		the commor the areas us	n mono threc sed on.	ads that are			
			1.6			polydioxand 30 and over				
			1.7			types of thre desired resu	_			
			1.8	· ·	ow to adapt client's need	threading te ds.	chniques to			
			1.9	requireme	ents for sourc	and legislati cing, recordir olydioxanon	ng and			
			1.10		e types of poid iated risks.	ain manager	ment and			



1	Continued	1.11	Describe the legislative requirements and restrictions for sourcing, storing and using licensed topical anaesthetics.
		1.12	Explain how to safely store, maintain and dispose of the tools and equipment used for mono polydioxanone threads.
		1.13	Identify the threading danger zones that should be avoided.
		1.14	<ul> <li>Explain the purpose, use and, limitations of mono polydioxanone threads in relation to:</li> <li>Medical history.</li> <li>Treatment history.</li> <li>Dental history.</li> <li>Lifestyle.</li> <li>The client's physical and psychological suitability for non-surgical cosmetic treatments.</li> <li>Client expectations.</li> </ul>
		1.15	Describe the signs and symptoms of the following contra-actions: <ul> <li>Haematoma.</li> <li>Bruising.</li> <li>Nerve damage.</li> <li>Rippling.</li> <li>Snapping.</li> <li>Infection.</li> </ul>
		1.16	Explain how mono and polydioxanone thread treatments can cause the following contraactions:  Nausea. Allergic reaction/anaphylaxis. Fainting. Dizziness. Hypersensitivity.



1	Continued	1.17	Describe the appropriate action if the following contra-actions occur:
			<ul> <li>Nausea.</li> <li>Allergic reaction/anaphylaxis.</li> <li>Fainting.</li> <li>Dizziness.</li> <li>Hypersensitivity.</li> </ul>
		1.18	Discuss the risk avoidance strategies that are put in place to mitigate the risks associated with mono polydioxanone threads, including but not limited to:
			<ul> <li>Risk assessments.</li> <li>Restrictive treatment areas.</li> <li>Avoidance of off license use.</li> <li>First Aid at Work qualifications.</li> <li>Infection control procedures.</li> <li>Waste management.</li> <li>Collaboration with healthcare professionals.</li> </ul>
		1.19	<ul> <li>Discuss the pre and post-treatment instructions and guidance provided to clients, including:</li> <li>Legal rights and responsibilities.</li> <li>Emergency plan.</li> <li>Post-treatment expectations and time frames.</li> <li>Pre and post-treatment care instructions.</li> <li>Restrictions and associated risks.</li> <li>Future procedures.</li> <li>Complaints procedure.</li> </ul>
2	Safely provide mono polydioxanone thread treatments.	2.1	<ul> <li>Carry out a face-to-face consultation with the client, including discussing and establishing:</li> <li>Client concerns, objectives, and expectations.</li> <li>Potential contra-indications.</li> <li>Medical and treatment history.</li> <li>Pain management plan.</li> <li>Contra-actions.</li> <li>Adverse reactions.</li> <li>Alternative treatment options.</li> <li>Fees and timescales.</li> </ul>



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2	Continued	2.2	Develop an emergency plan to deal with any adverse reactions.			
		2.3	Reiterate, confirm and agree with the client that they understand the proposed treatment and pain management plan.			
		2.4	Obtain the client's signed informed consent for the procedure, allowing an adequate timescale to make an informed choice.			
		2.5	Prepare the treatment area, including selecting and using an appropriate hygiene preparation product.			
		2.6	Carry out the mono polydioxanone threads treatment, including:			
			<ul> <li>Selecting an appropriate mono polydioxanone thread.</li> <li>Mono polydioxanone threads with a sterile single use needle.</li> <li>Adapting threading techniques as required.</li> <li>Monitor the client's health, wellbeing and skin reaction.</li> <li>Taking prompt, appropriate action in the case of an adverse reaction.</li> </ul>			
		2.7	<ul> <li>Conclude mono polydioxanone threads, including:</li> <li>Confirming the client is satisfied with the treatment.</li> <li>Proving appropriate post-treatment</li> <li>instructions.</li> </ul>			
			<ul> <li>Completing and storing the client's treatment records in accordance with data legislation.</li> <li>Discuss and agree future treatments.</li> </ul>			
		2.8	<ul> <li>Evaluate the treatment provided, including:</li> <li>Areas of strength.</li> <li>Areas requiring improvement.</li> <li>Actions to be taken for improvement.</li> </ul>			



#### Additional Assessment Information

Learning Outcome 1 is **knowledge based**. This means that evidence is expected to take the form of candidate's written work and/or records of appropriate professional discussions.

Learning Outcome 2 is **competency based.** This means that the candidate is expected to perform the tasks, and demonstrate the level of competence, outlined in the assessment criteria. It is expected that evidence will be a combination following:

- Photographic and/or video evidence of the candidate's practical work.
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- Expert witness testimony.
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  decisions as they observe and record these in the report, alongside a
  commentary of what they observe.
- A witness statement is completed by a suitably qualified or experienced expert who observes the candidate carrying out practical work. The witness statement will contain only a commentary of what has been observed. An assessor must then use the witness statement, alongside any additional evidence to make assessment decisions.
- In all cases, an assessor's report is preferred as evidence over a witness statement; as it is always better for an assessor to observe a candidate live.

Assessors may wish use to use a checklist or evidence matrix to organise and track the assessment outcomes that have been achieved, but these **do not**, in themselves, constitute evidence of achievement.

An assessor's report or witness statement alone is unlikely to be sufficient evidence of achievement. Reports and statements should always be accompanied by photographic and/or video evidence.

Centres may use the appropriate ProQual Candidate Workbook to organise candidate evidence or may use their own portfolio templates.

It is expected that competence of each assessment criteria will be observed at least six times before it is awarded. Both the candidate and live model must be at least 18 years old.

Evidence of practical skills **may** be simulated, provided:

- The simulated environment matches, as close as possible, the real-world working environment.
- The candidate performs any assessed treatment on a live model.



Title:			lica <sup>.</sup>	nent of tions for Practice	Level:	7			
Unit N	Jnit Number: J/651/2420		20	TQT:	80	GLH:	20		
	ing Outcomes arner will be abi			sment Crite arner can:	eria				
1	Understand had manage the complication	risks and Is	1.1	potentic	Evaluate botulinum toxin and dermal filler potential risks and complications associated with administration.				
	associated with administration of botulinum toxin.	n of	1.2	situation effect d	Analyse the strategies available in managing a situation where the client suffers an adverse effect during and post-treatment for botulinum toxin and dermal filler.				
			1.3	to deal v	Explain the guidance offered to clients on how to deal with common side effects of botulinum toxin and dermal filler procedures.				
2	Manage the risks associated with		2.1		Describe the fundamental principles of emergency management.				
	cosmetic/aesthe injectable proce		2.2	systems medical	Evaluate the suitability and effectiveness of the systems and protocols in place to prevent a medical emergency associated with facial aesthetic procedures.				
			2.3	systems medical	Evaluate the suitability and effectiveness of the systems and protocols in place to deal with a medical emergency associated with facial aesthetic procedures.				
			2.4	commu	Justify the need for monitoring post-procedural communication and offering client advice, explaining the methods that are used to do this.				
3	Understand the importance of assurance for a aesthetic servi improvements systems and puthat are in placesupport this.	of quality r facial vice ts and the orocesses	3.1		Analyse how clinical audits can help to improve clinical performance.				
				for repoi	Explain and justify the regulatory requirements for reporting safety concerns and adverse incidents that have been associated with botulinum toxin and dermal filler procedures.				



### **Additional Assessment Information**

This unit is **knowledge based**. This means that evidence is expected to take the form of candidate's written work and/or records of appropriate professional discussions.

Centres may use the appropriate ProQual Candidate Workbook, or their own, centre devised, assignments.



### **Appendix One – Command Verb Definitions**

The table below explains what is expected from each **command verb** used in an assessment objective. Not all verbs are used in this specification

Apply	Use existing knowledge or skills in a new or different context.
Analyse	Break a larger subject into smaller parts, examine them in detail and show how these parts are related to each other. This may be supported by reference to current research or theories.
Classify	Organise information according to specific criteria.
Compare	Examine subjects in detail, giving the similarities and differences.
Critically Compare	As with compare, but extended to include pros and cons of the subject. There may or may not be a conclusion or recommendation as appropriate.
Describe	Provide detailed, factual information about a subject.
Discuss	Give a detailed account of a subject, including a range of contrasting views and opinions.
Explain	As with describe, but extended to include causation and reasoning.
Identify	Select or ascertain appropriate information and details from a broader range of information or data.
Interpret	Use information or data to clarify or explain something.
Produce	Make or create something.
State	Give short, factual information about something.
Specify	State a fact or requirement clearly and in precise detail.





### **ProQual Awarding Body**

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