



Qualification Specification

ProQual Level 7 Certificate in Vitamin and Mineral Treatments

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This qualification is part of ProQual's broad offer of qualifications in the Hair, Beauty and Aesthetics Sector.

To find out more about other qualifications in this, or any other sector, or for our latest fees; check our Fees Schedule via the QR code below:



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Introduction

The ProQual Level 7 Certificate in Vitamin and Mineral Treatments provides a nationally recognised qualification for qualified professionals seeking to develop their expertise in the safe and effective administration of vitamin and mineral injections. Aligned with National Occupational Standard (NOS) SKANSC19, this qualification ensures learners gain the advanced knowledge and practical skills required to deliver these treatments in a professional setting.

The aims of this qualification are:

- To allow candidates to develop and demonstrate their understanding of the principles, benefits, and risks associated with vitamin and mineral injections.
- To develop the candidate's skills to safely assess clients, prepare and administer injections, and manage potential complications.
- To support professional development for those working in aesthetic, healthcare, and wellness sectors.

The awarding body for this qualification is ProQual AB. This qualification has been approved for delivery in England. The regulatory body for this qualification is Ofqual, and this qualification has been accredited onto the Regulated Qualification Framework (RQF), and has been published in Ofqual's Register of Qualifications.

Qualification Profile

Qualification Title:	ProQual Level 7 Certificate in Vitamin and Mineral Treatments
Qualification Number:	610/5469/0
Level:	7
Total Qualification Time (TQT):	135 Hours 13 Credits
Guided Learning Hours (GLH):	110 Hours
Assessment:	Pass/Fail
	Internally assessed and assured by centre staff
	Externally verified by ProQual verifiers
Qualification Start Date:	31/03/2025
Qualification Review Date:	31/03/2028

Learner Profile

Candidates for this qualification **must** hold the ProQual Level 7 Diploma in Aesthetic Practice, or an equivalent qualification.

Centres should carry out their own assessment of candidate's knowledge and skills to identify gaps and determine the assessment plan.

Candidates must be **at least 18** years old on the day that they are registered for this qualification, centres are reminded that no assessment activity may take place before a candidate has been registered.

Candidates who complete this qualification may progress onto other qualifications within the ProQual Hair, Beauty and Aesthetics suite.

Qualification Structure

This qualification consists of **three** mandatory units. Candidates must complete both mandatory units to complete this qualification. There are no optional units.

Unit Number	Unit Title	Level	TQT	GLH
Mandatory Units – Candidates must complete all units in this group.				
J/651/2395	Health and Safety in a Salon Environment	2	10	10
L/651/2397	Infection Control and Prevention for Cosmetic, Aesthetic and Needle Related Treatments	2	25	20
J/651/5356	Principles and Practice of Vitamin and Mineral Injections	7	100	80

Centre Requirements

Centres must be approved to deliver this qualification. If your centre is not approved to deliver this qualification, please complete and submit the **ProQual Additional Qualification Approval Form**.

Materials produced by centres to support candidates should:

- Enable them to track their achievements as they progress through the learning outcomes and assessment criteria.
- Provide information on where ProQual's policies and procedures can be viewed.
- Provide a means of enabling Internal and External Quality Assurance staff to authenticate evidence.

Centres must have the appropriate equipment to enable candidates to carry out the practical requirements of this qualification.

Certification

Candidates who achieve the requirements for this qualification will be awarded:

- A certificate listing all units achieved, and
- A certificate giving the full qualification title:

ProQual Level 7 Certificate in Vitamin and Mineral Treatments

Claiming certificates

Centres may claim certificates for candidates who have been registered with ProQual and who have successfully achieved the qualification. All certificates will be issued to the centre for successful candidates.

Unit certificates

If a candidate does not achieve all of the units required for a qualification, the centre may claim a unit certificate for the candidate which will list all of the units achieved.

Replacement certificates

If a replacement certificate is required a request must be made to ProQual in writing. Replacement certificates are labelled as such and are only provided when the claim has been authenticated. Refer to the Fee Schedule for details of charges for replacement.

Assessment Requirements

Each candidate is required to produce a portfolio of evidence which demonstrates their achievement of all of the learning outcomes and assessment criteria for each unit.

Evidence can include:

- Observation report by assessor.
- Assignments/projects/reports.
- Professional discussion.
- Witness testimony.
- Candidate product.
- Worksheets.
- Record of oral and written questioning.
- Recognition of Prior Learning.

Candidates must demonstrate the level of competence described in the units. Assessment is the process of measuring a candidate's skill, knowledge and understanding against the standards set in the qualification.

Centre staff assessing this qualification must be **occupationally competent** and qualified to make assessment decisions. Assessors who are suitably qualified may hold a qualification such as, but not limited to:

- ProQual Level 3 Certificate in Teaching, Training and Assessment.
- ProQual Level 3 Award in Education and Training.
- ProQual Level 3 Award in Assessing Competence in the Work Environment.
(Suitable for assessment taking place in a working salon only.)
- ProQual Level 3 Award in Assessing Vocational Achievement.
(Suitable for assessment taking place in a simulated training environment only.)

Candidate portfolios must be internally verified by centre staff who are **occupationally knowledgeable** and qualified to make quality assurance decisions. Internal verifiers who are suitably qualified may hold a qualification such as:

- ProQual Level 4 Award in the Internal QA of Assessment Processes and Practice.
- ProQual Level 4 Certificate in Leading the Internal QA of Assessment Processes and Practice.

Occupationally competent means capable of carrying out the full requirements contained within a unit. **Occupationally knowledgeable** means possessing relevant knowledge and understanding.

Enquiries, Appeals and Adjustments

Adjustments to standard assessment arrangements are made on the individual needs of candidates. ProQual's Reasonable Adjustments Policy and Special Consideration Policy sets out the steps to follow when implementing reasonable adjustments and special considerations and the service that ProQual provides for some of these arrangements.

Centres should contact ProQual for further information or queries about the contents of the policy.

All enquiries relating to assessment or other decisions should be dealt with by centres, with reference to ProQual's Enquiries and Appeals Procedures.

Units – Learning Outcomes and Assessment Criteria

Title:	Health and Safety in a Salon Environment			Level:	2
Unit Number:	J/651/2395	TQT:	10	GLH:	10
Learning Outcomes <i>The learner will be able to:</i>		Assessment Criteria <i>The learner can:</i>			
1	Prepare salon areas for treatment.	1.1	Identify common hazards and risks in a salon environment.		
		1.2	State the health and safety requirements for practitioners carrying out beauty treatments, including but not limited to: <ul style="list-style-type: none"> • Health and Safety at Work Act. • The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR). • Manual Handling Operations Regulations. • Control of Substances Hazardous to Health Regulations (COSHH). 		
		1.3	Describe how to clean, disinfect and sterilise different types of tools and equipment.		
		1.4	Explain the difference between sterilisation and disinfection.		
		1.5	Explain why it is important to follow salon procedures and any given instructions when setting up tools and equipment for a given treatment.		
		1.6	Describe the required environmental conditions for a given treatment, including: <ul style="list-style-type: none"> • Lighting. • Heating. • Ventilation. • General comfort. 		

1	<i>Continued</i>	1.7	Explain why it is important that the above environmental conditions are provided.
		1.8	Explain why it is important to maintain personal hygiene, protection and appearance according to accepted industry and organisational standards.
		1.9	Explain the reasons and importance of keeping records of treatments.
2	Maintain salon treatment areas.	2.1	Explain how to safely dispose of waste materials and products from beauty treatments.
		2.2	Explain the requirements for re-stocking products and other items.
		2.3	Describe own responsibilities in relation to the storage of: <ul style="list-style-type: none"> • Equipment. • Products. • Client records.
		2.4	Describe how the work area should be left after a treatment.
		2.5	Explain why it is important to leave the work area in the condition described above.

Additional Assessment Information

This unit is **knowledge based**. This means that evidence is expected to take the form of candidate's written work and/or records of appropriate professional discussions.

Centres may use the appropriate ProQual Candidate Workbook, or their own, centre devised, assignments.

This unit is a **common unit**. Centres should be aware that candidates may have completed this unit as part of another ProQual Hair and Beauty qualification and may be eligible for recognition of prior learning.

Title:		Infection Control and Prevention for Cosmetic, Aesthetic and Needle Related Treatments		Level:	2
Unit Number:	L/651/2397	TQT:	25	GLH:	20
Learning Outcomes <i>The learner will be able to:</i>		Assessment Criteria <i>The learner can:</i>			
1	Understand non-infectious and infectious hazards that are associated with cosmetic, aesthetic and needle treatments.	1.1	Describe the cell structure and key features of: <ul style="list-style-type: none"> • Bacteria. • Fungi. • Viruses. 		
		1.2	Describe the ideal conditions for the growth of micro-organisms.		
		1.3	Define the term "pathogen".		
		1.4	List five common illness caused by: <ul style="list-style-type: none"> • Bacteria. • Fungi. • Viruses. 		
		1.5	Define the term "parasite".		
		1.6	Explain the difference between an endoparasite and an ectoparasite.		
		1.7	Identify three common ectoparasites that colonise humans.		
		1.8	Explain the difference between infection and colonisation.		
		1.9	Describe what is meant by: <ul style="list-style-type: none"> • Localised infection. • Systemic infection. 		
		1.10	Describe what is meant by: <ul style="list-style-type: none"> • Direct transmission. • Indirect transmission. • Vector transmission. 		

1	<i>Continued</i>	1.11	<p>Describe how, within the salon environment, an infective agent could:</p> <ul style="list-style-type: none"> • Enter the body. • Be transmitted from person to person.
		1.12	<p>Identify common non-infectious hazards that might arise as part of cosmetic, aesthetic or needle treatments.</p>
		1.13	<p>Explain how an injury to the skin can be a risk to an individual.</p>
		1.14	<p>Identify treatments within the salon that would require the use of infection control procedures.</p>
2	Understand how to control non-infectious and infectious risk.	2.1	<p>Explain the roles and responsibilities of the employer and employee in the prevention and control of infection.</p>
		2.2	<p>Explain how the skin acts as a defence against infection.</p>
		2.3	<p>Describe the procedures that would be followed, in relation to infection prevention and control, for:</p> <ul style="list-style-type: none"> • Consultation. • Aftercare. • Hand hygiene. • Environment management. • Equipment management. • Cleaning, disinfecting and sterilisation. • Personal protective equipment. • Management of body fluids. • Needle stick injuries. • Waste disposal and collection. • Management of occupational exposure.

Additional Assessment Information

This unit is **knowledge based**. This means that evidence is expected to take the form of candidate's written work and/or records of appropriate professional discussions.

Centres may use the ProQual Level 2 Award in Infection Control and Prevention in Aesthetic Practice Candidate Workbook, or their own, centre devised, assignments.

This unit is a **common unit**. Centres should be aware that candidates may have completed this unit as part of another ProQual Hair and Beauty qualification and may be eligible for recognition of prior learning.

Title:		Principles and Practice of Vitamin and Mineral Injections		Level:	6	
Unit Number:		J/651/5356	TQT:	100	GLH:	80
Learning Outcomes <i>The learner will be able to:</i>		Assessment Criteria <i>The learner can:</i>				
1	Understand how to provide vitamin and mineral injections.	1.1	Explain the importance of working only within own competence when providing vitamin and mineral injections.			
		1.2	Discuss the regulatory and legislative requirements for providing vitamin and mineral injections.			
		1.3	Describe signs and symptoms of absolute and relative contra-indications for vitamin and mineral injections.			
		1.4	Describe the types, composition and physiological effect of vitamin and mineral solutions.			
		1.5	Explain regulatory and legislative requirements for sourcing, recording and administering vitamin/mineral injections, including: <ul style="list-style-type: none"> • Product Name. • Batch Number. • Expiry Date. • Material Data Sheet. • Storage. • Disposal. • Audit and Accountability. • Injections Site. • Dosage. 			
		1.6	Describe the types of hygiene product available for the skin.			

1	Continued	1.7	Describe the relevant intra-muscular anatomy of the: <ul style="list-style-type: none"> • Upper arm. • Hip. • Thigh. • Buttock.
		1.8	Describe how to administer vitamin and mineral injections.
		1.9	Describe how to safely store, maintain, use and dispose of the tools, equipment and materials used to provide vitamin and mineral injections.
		1.10	Explain the purpose, use and, limitations of vitamin and mineral injections in relation to: <ul style="list-style-type: none"> • Medical history. • Treatment history. • Dental history. • Lifestyle. • The client's physical and psychological suitability for non-surgical cosmetic treatments. • Client expectations. • Anaphylaxis management.
		1.11	Describe the signs and symptoms of the following adverse effects: <ul style="list-style-type: none"> • Hyperaemia. • Wounds. • Bruising. • Oedema. • Infection. • Nerve damage. • Nausea. • Allergic reaction. • Fainting. • Dizziness. • Hypersensitivity.

1	Continued	1.12	<p>Explain how vitamin and mineral injections can cause the following adverse effects and the appropriate action to take if they do occur:</p> <ul style="list-style-type: none"> • Hyperaemia. • Wounds. • Bruising. • Oedema. • Infection. • Nerve damage. • Nausea. • Allergic reaction. • Fainting. • Dizziness. • Hypersensitivity.
		1.13	<p>Discuss the risk avoidance strategies that are put in place to mitigate the risks associated with vitamin and mineral injections, including but not limited to:</p> <ul style="list-style-type: none"> • Risk assessments. • Restrictive treatment areas. • Avoidance of off license use. • First Aid at Work qualifications. • Infection control procedures. • Waste management. • Collaboration with healthcare professionals.
		1.14	<p>Discuss the pre- and post-treatment instructions and guidance provided to clients, including:</p> <ul style="list-style-type: none"> • Legal rights and responsibilities. • Emergency plan. • Post-treatment expectations and time frames. • Pre- and post-treatment care instructions. • Restrictions and associated risks. • Future procedures.

2	Provide vitamin and mineral injections.	2.1	<p>Carry out a concise and comprehensive consultation with the client, including discussing and establishing:</p> <ul style="list-style-type: none"> • Client concerns, objectives, and expectations. • Potential contra-indications. • Medical and treatment history. • Pain management plan. • Contra-actions. • Adverse reactions. • Alternative treatment options. • Fees and timescales.
		2.2	Develop an emergency plan to deal with any issues that may arise during the treatment.
		2.3	Obtain the client's signed informed consent for the procedure, allowing an adequate timescale to make an informed choice.
		2.4	Prepare the treatment area, including selecting and using an appropriate hygiene preparation product.
		2.5	<p>Carry out the vitamin and/or mineral injections, including:</p> <ul style="list-style-type: none"> • Selecting an appropriate skin booster solution. • Injecting the solution with a sterile single use needle. • Adapting injection techniques as required. • Monitor the client's health, wellbeing and skin reaction. • Taking prompt, appropriate action in the case of an adverse reaction.

2	<i>Continued</i>	2.6	<p>Conclude the treatment, including:</p> <ul style="list-style-type: none"> • Confirming the client is satisfied with the treatment. • Providing appropriate post-treatment instructions. • Completing and storing the client's treatment records in accordance with data legislation. • Discuss and agree future treatments.
		2.7	<p>Evaluate treatment provided, including:</p> <ul style="list-style-type: none"> • Areas of strength. • Areas for improvement. • Actions to be taken for improvement.

Additional Assessment Information

Learning Outcome 1 is **knowledge based**. This means that evidence is expected to take the form of candidate's written work and/or records of appropriate professional discussions.

Learning Outcomes 2 is **competency based**. This means that the candidate is expected to perform the tasks, and demonstrate the level of competence, outlined in the assessment criteria. It is expected that evidence will be a combination following:

- Photographic and/or video evidence of the candidate's practical work.
- Assessor's observation report.
- Expert witness testimony.
- Candidate reflection on own practical work.

An observation report and witness testimony are differentiated as follows:

- An **assessor's report** is completed by a qualified assessor who observes the candidate carrying out practical work. The assessor will make assessment decisions as they observe and record these in the report, alongside a commentary of what they observe.
- A **witness statement** is completed by a suitably qualified or experienced expert who observes the candidate carrying out practical work. The witness statement will contain **only** a commentary of what has been observed. An assessor must then use the witness statement, alongside any additional evidence to make assessment decisions.
- In all cases, an assessor's report is preferred as evidence over a witness statement; as it is always better for an assessor to observe a candidate live.

Assessors may wish use to use a checklist or evidence matrix to organise and track the assessment outcomes that have been achieved, but these **do not**, in themselves, constitute evidence of achievement.

An assessor's report or witness statement alone is unlikely to be sufficient evidence of achievement. Reports and statements should always be accompanied by photographic and/or video evidence.

Centres may use the ProQual Level 4 Certificate in Micropigmentation Candidate Workbook to organise candidate evidence or may use their own portfolio templates.

It is expected that competence of each assessment criteria will be observed **at least twice, across four treatments** before it is awarded.

Evidence of practical skills **may** be simulated, provided:

- The simulated environment matches, as close as possible, the real-world working environment.
- The candidate performs any assessed treatment on a live model.

Appendix One – Command Verb Definitions

The table below explains what is expected from each **command verb** used in an assessment objective. Not all verbs are used in this specification

Apply	Use existing knowledge or skills in a new or different context.
Analyse	Break a larger subject into smaller parts, examine them in detail and show how these parts are related to each other. This may be supported by reference to current research or theories.
Classify	Organise information according to specific criteria.
Compare	Examine subjects in detail, giving the similarities and differences.
Critically Compare	As with compare, but extended to include pros and cons of the subject. There may or may not be a conclusion or recommendation as appropriate.
Describe	Provide detailed, factual information about a subject.
Discuss	Give a detailed account of a subject, including a range of contrasting views and opinions.
Explain	As with describe, but extended to include causation and reasoning.
Identify	Select or ascertain appropriate information and details from a broader range of information or data.
Interpret	Use information or data to clarify or explain something.
Produce	Make or create something.
State	Give short, factual information about something.
Specify	State a fact or requirement clearly and in precise detail.



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