Qualification Specification

ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

This qualification is part of ProQual's broad offer of qualifications in the Hair, Beauty and Aesthetics sector.

To find out more about other qualifications in this, or any other sector, or for our latest fees; check our Fees Schedule via the QR code below:

Scan Here

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 1

Contents

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 2

Introduction

The ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics provides a nationally recognised qualification for those needing to provide basic life support (BLS), safely use an automated external defibrillator (AED) and manage a casualty with anaphylaxis.

This qualification is for people who have a responsibility at work to provide BLS and AED, and manage anaphylaxis in a hair, beauty or aesthetics environment.

The Awarding Body for this qualification is ProQual AB. This qualification is approved for delivery in England and has been accredited onto the Regulated Qualification Framework (RQF). The regulator for this qualification is Ofqual, and it has been entered onto Ofqual's register of qualifications.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 3

Qualification Profile

Qualification Title:	ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics
Qualification Number:	610/7070/1
Level:	Level 3
Total Qualification Time (TQT):	4 Hours
Guided Learning Hours (GLH):	3 Hours
Assessment:	Pass/Fail
	Internally assessed and verified by centre staff
	Externally quality assured by ProQual Verifiers
Qualification Start Date:	17/02/2026
Qualification Review Date:	17/02/2029

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 4

Learner Profile

There are no formal academic entry requirements for this qualification, however centres should satisfy themselves that candidates:

- Are physically capable of carrying out the required practical elements of this qualification.
- Have a minimum of level 1 literacy and numeracy or equivalent.

Candidates must be aged at least **16 years old** on the day that they are registered for the qualification.

Centres are reminded that no assessment should take place prior to candidate registration.

Due to the practical nature of this course, learners should wear appropriate clothing and footwear.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 5

Qualification Structure

This qualification consists of **one** mandatory unit. Candidates must complete the mandatory unit to achieve this qualification. There are no optional units.

Mandatory Units – Candidates must complete **all** units in this group.				
Unit Number	Unit Title	Level	TQT	GLH
Y/651/9484	Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics	3	4	3

This qualification is valid for **3 years** from the date of certification.

All assessments must take place face-to-face. ProQual defines face-to-face delivery as the assessor and candidate being physically present in the same room.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 6

Centre Requirements

Centres must be approved to deliver this qualification. If your centre is not approved to deliver this qualification, please complete and submit the **ProQual Additional Qualification Approval Form.**

Centres delivering this qualification must ensure that all face-to-face delivery takes place in an appropriate venue. A venue will be appropriate if it meets **all** the following requirements:

- Meets acceptable health and safety requirements.
- Is of sufficient size for the number of candidates.
- Has appropriate flooring for candidates carrying out practical activities, such as simulated CPR.
- Has sufficient seating and writing surfaces for the number of candidates.
- Has sufficient toilet facilities for the number of candidates.
- Has appropriate ventilation and lighting for candidates to complete practical and written assessment.
- Has no distracting noise.

Additionally, centres **must** provide the following equipment:

- Resuscitation manikins, at a minimum ratio of 1 manikin to 4 candidates.
- Sufficient hygiene products to ensure manikins are appropriately cleaned between each candidate's use.
- Appropriate AED training devices, at a minimum ratio of 1 training device to 4 candidates.
- Appropriate manikins for the simulation of a choking casualty.
- Clean bandages, dressings and other items commonly found in first aid kits.
- Appropriate AV equipment and learning aids to facilitate learning using varying and appropriate teaching methods.

Any learning materials developed by the centre should be clear and accurate, covering the topics included in this qualification.

Finally, centres should provide candidates with information on how to view ProQual's policies and procedures.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 7

Certification

Candidates who achieve the requirements for this qualification will be awarded:

- A certificate listing all units achieved, and
- A certificate giving the full qualification title:

ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Claiming certificates

Centres may claim certificates for candidates who have been registered with ProQual and who have successfully achieved the qualification. All certificates will be issued to the centre for successful candidates.

Unit certificates

If a candidate does not achieve all the units required for a qualification, the centre may claim a unit certificate for the candidate which will list all the units achieved.

Replacement certificates

If a replacement certificate is required a request must be made to ProQual in writing. Replacement certificates are labelled as such and are only provided when the claim has been authenticated. Refer to the Fee Schedule for details of charges for replacement.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 8

ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Assessment Requirements

Staffing Requirements: Qualifications

This is not an exhaustive list, but it provides a guide to the required qualifications for training deliverers. Please note that in the instance where a trainer also assesses, they must hold qualifications that meet the requirements of both roles.

Trainers that deliver this qualification need one of the following (or equivalent):
Level 3 Award in Education and Training
Level 4 Certificate in Education and Training
Level 5 Diploma in Education and Training
Level 3 Award in Teaching and Assessing in First Aid Qualifications (RQF)
Cert Ed/PGCE/B Ed/M Ed
SVQ 3 Learning and Development SCQF Level 8
SVQ 4 Learning and Development SCQF Level 9
TQFE (Teaching Qualification for Further Education)
Planning and Delivering Learning Sessions to Groups SCQF Level 6 (SQA Unit)
SCQF Level 6 Award in Planning and Delivering Learning Session to Groups (SQA)
L&D Unit 6 Manage Learning and Development in Groups SCQF Level 8 (SQA)
L&D Unit 7 Facilitate Individual Learning and Development in Groups SCQF Level 8 (SQA Accredited)
L&D Unit 8 Engage and Support Learners in the Learning and Development Process SCQF Level 8 (SQA Accredited)
Equivalent Trainer qualifications:
CTLLS/DTLLS
PTLLS with unit 'Principles and Practice of Assessment' (12 credits)
Further and Adult Education Teacher's Certificate
IHCD Instructional Methods
IHCD Instructional Certificate
English National Board 998
Nursing mentorship qualifications
NOCN Tutor Assessor Award
S/NVQ Level 3 in Training and Development
S/NVQ Level 4 in Training and Development
PDA Developing Teaching Practice in Scotland's Colleges SCQF Level 9 (SQA)
PDA Teaching Practice in Scotland's Colleges SCQF Level 9 (SQA Accredited)
PTLLS (6 credits)
Regulated qualifications based on the Learning and Development NOS 7 Facilitate Individual Learning and Development or NOS6 Manage Learning and Development in Groups.
Training Group A22, B22, C21, C23, C24

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 9

Assessors for this qualification need one of the following (or equivalent):
Level 3 Award in Education and Training
Level 4 Certificate in Education and Training
Level 5 Diploma in Education and Training
Level 3 Award in Teaching and Assessing in First Aid Qualifications (RQF)
Cert Ed/PGCE/B Ed/M Ed
SVQ 3 Learning and Development SCQF Level 8
SVQ 4 Learning and Development SCQF Level 9
TQFE (Teaching Qualification for Further Education)
Planning and Delivering Learning Sessions to Groups SCQF Level 6 (SQA Unit)
SCQF Level 6 Award in Planning and Delivering Learning Session to Groups (SQA)
Carry out the Assessment Process SCQF Level 7 (SQA Unit)
Level 3 Award in Assessing Competence in the Work Environment
Level 3 Award in Assessing Vocationally Related Achievement
Level 3 Award in Understanding the Principles and Practices of Assessment
Level 3 Certificate in Assessing Vocational Achievement
L&D Unit 9DI Assess Workplace Competence Using Direct and Indirect Methods SCQF Level 8 (SQA Accredited)
L&D Unit 9D Assess Workplace Competence Using Direct Methods SCQF Level 7 (SQA Accredited)
Equivalent Assessor qualifications:
CTLLS/DTLLS
PTLLS with unit 'Principles and Practice of Assessment' (12 credits)
Further and Adult Education Teacher's Certificate
IHCD Instructional Methods
IHCD Instructional Certificate
English National Board 998
Nursing mentorship qualifications
NOCN Tutor Assessor Award
S/NVQ Level 3 in Training and Development
S/NVQ Level 4 in Training and Development
PDA Developing Teaching Practice in Scotland's Colleges SCQF Level 9 (SQA Accredited)
Learning and Teaching – Assessment and Quality Standards SCQF Level 9 (SQA Unit)
A1 Assess Candidates Using a Range of Methods or D33 Assess Candidates Using Differing Sources of Evidence
Conduct the Assessment Process SCQF Level 7 (SQA Unit)
A2 Assess Candidate Performance through Observation or D32 Assess Candidate Performance
Regulated qualifications based on the Learning and Development NOS 9 Assess Learner Achievement

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 10

Internal Quality Assurers for this qualification need one of the following (or equivalent):
L&D Unit 11 Internally Monitor and Maintain the Quality of Workplace Assessment SCQF Level 8 (SQA Accredited)
Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice
Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice
Conduct the Internal Verification Process SCQF Level 8 (SQA Unit)
Regulated qualifications based on the Learning and Development NOS 11Internally Monitor and Maintain the Quality of Assessment
V1 Conduct Internal Quality Assurance of the Assessment Process or D34 Internally verify the Assessment Process
Internally Verify the Assessment Process SCQF LEVEL 8 (SQA Unit)

Occupational Knowledge and Competence

Trainers, Assessors and IQAs who deliver and support Adult BLS, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics **must** demonstrate occupational knowledge and competence in first aid.

Evidence for Occupational Knowledge and Competence includes:

Occupational Knowledge, Competence and Experience
Currently valid First Aid at Work qualification, that has been issued by an Awarding Organisation regulated by Ofqual, SQA, Qualifications Wales or CCEA
Current Offshore First Aid Certificate issued by an HSE approved training provider
Current registration as a doctor with the General Medical Council
Current registration as a nurse with the Nursing and Midwifery Council
Current registration as a paramedic with the Health and Care Professions Council

Any equivalent to the First Aid at Work qualification must be submitted as part of the staff applications with evidence that all assessment criteria from First Aid at Work has been successfully met and achieved within the last three years.

Healthcare professionals must act within their scope of practice and have current expertise in first aid to teach and assess the subject.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 11

Centres delivering this qualification must ensure that the candidate to trainer ratio does not exceed 12:1.

Assessor Roles

Centre staff who fill the role of assessor for this qualification **must** meet the following requirements:

- Has occupational knowledge and competence of first aid, evidenced by holding one of the recognised qualifications.
- Has occupational knowledge and competence in the teaching and delivery of first aid qualifications, evidenced by **at least one** of the following:

    o Evidence of teaching and assessing Emergency First Aid within the last 6 months.
    o Evidence of teaching and assessing First Aid at Work within the last 6 months.
    o Evidence of teaching and assessing Paediatric First Aid within the last 6 months.

OR

    o A record of being observed delivering practical and theoretical topics by a qualified/approved trainer within the last 12 months.

A member of centre staff may act as both the trainer and the assessor for this qualification, provided they meet the requirements for **both** roles.

IQA Roles

Centre staff who are filling the role of IQA for this qualification **must** meet the following requirements:

- Has occupational knowledge and competence in internal quality assurance, evidenced by holding one of the recognised qualifications.

- As part of the Internal Quality Assurance process, IQAs **must** observe assessment in practice.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 12

Assessment Practice

Practical Assessment

The following assessment criteria are **competency based.** This means that the candidate is expected to perform the tasks, and demonstrate the level of competence, outlined in the assessment criteria.

2.2	Demonstrate adult CPR using an adult manikin.
3.2	Demonstrate how to place a casualty into the recovery position.
3.3	Demonstrate continual monitoring of breathing whilst the casualty is in the recovery position.
4.3	Demonstrate the use of a training device adrenaline auto-injector.

It is expected that evidence will be a combination of the following:

- Photographic and/or video evidence of the candidate's practical work.
- Assessor's observation report.

An **assessor's observation report** is completed by a qualified assessor who observes the candidate carrying out practical work. The assessor will make assessment decisions as they observe and record these in the report, alongside a commentary of what they observe.

Assessors may wish to use a checklist or evidence matrix to organise and track the assessment outcomes that have been achieved, but these **do not,** in themselves, constitute evidence of achievement.

Candidate Workbook

All knowledge-based assessment criteria must be assessed through the completion of a Candidate Workbook. Candidates should complete the *ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics Candidate Workbook,* which is supplied to ensure that all criteria are covered for this qualification. This may be completed in sections as the candidate progresses through their first aid training. **Candidates must be aware that the workbook is assessed.**

When this method of assessment is used the pass mark is **100%.**

Centres are not permitted to use their own assessment materials.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 13

Enquiries, Appeals and Adjustments

Adjustments to standard assessment arrangements are made on the individual needs of candidates. ProQual's Reasonable Adjustments Policy and Special Consideration Policy sets out the steps to follow when implementing reasonable adjustments and special considerations and the service that ProQual provides for some of these arrangements.

Centres should contact ProQual for further information or queries about the contents of the policy.

All enquiries relating to assessment or other decisions should be dealt with by centres, with reference to ProQual's Enquiries and Appeals Procedures.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 14

Units – Learning Outcomes and Assessment Criteria

Title:	Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics		Level:	3	
Unit Number:	Y/651/9484	TQT:	4	GLH:	3

Learning Outcomes *The learner will be able to:*		Assessment Criteria *The learner can:*	
1	Assess an emergency situation safely.	1.1	Describe the actions required when conducting a scene survey.
		1.2	Explain the checks involved in a primary survey of a casualty.
		1.3	Describe how to summon appropriate assistance when necessary.
2	Provide first aid to an unresponsive casualty who is not breathing normally.	2.1	Identify when to administer cardiopulmonary resuscitation (CPR).
		2.2	Demonstrate adult CPR using an adult manikin.
		2.3	Identify other considerations when administering CPR and using an AED.
3	Provide first aid to an unresponsive casualty who is breathing normally.	3.1	Identify when to place the casualty into the recovery position.
		3.2	Demonstrate how to place a casualty into the recovery position.
		3.3	Demonstrate continual monitoring of breathing whilst the casualty is in the recovery position.
4	Provide first aid to a casualty with anaphylaxis.	4.1	Describe the recognisable signs for suspected anaphylaxis.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 15

4	Continued	4.2	Identify how to administer first aid for a casualty with suspected anaphylaxis.
		4.3	Demonstrate the use of a training device adrenaline auto-injector.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 16

Additional Assessment Information

All knowledge-based assessment criteria are to be assessed through the completion of the *ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics Candidate Workbook*.

The following assessment criteria are **competency based.** This means that the candidate is expected to perform the tasks, and demonstrate the level of competence, outlined in the assessment criteria.

2.2	Demonstrate adult CPR using an adult manikin.
3.2	Demonstrate how to place a casualty into the recovery position.
3.3	Demonstrate continual monitoring of breathing whilst the casualty is in the recovery position.
4.3	Demonstrate the use of a training device adrenaline auto-injector.

It is expected that evidence will be a combination of the following:

- Photographic and/or video evidence of the candidate's practical work.
- Assessor's observation report.

An **assessor's observation report** is completed by a qualified assessor who observes the candidate carrying out practical work. The assessor will make assessment decisions as they observe and record these in the report, alongside a commentary of what they observe.

Assessors may wish to use a checklist or evidence matrix to organise and track the assessment outcomes that have been achieved, but these **do not,** in themselves, constitute evidence of achievement.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 17

Indicative Content

1.1

- o Checking for further danger.
- o Evaluating what happened.
- o Prioritising treatment.
- o Delegating tasks.
- o Consider use of PPE.

1.2

- o Danger.
- o Response.
- o Airway.
- o Breathing.
- o Circulation/chest compression/CPR.

1.3

- o Shouting for help.
- o Calling 999/112 via speakerphone or bystander.
- o Leaving the casualty to call 999/112.

2.1

When the casualty is unresponsive and not breathing/not breathing normally/agonal breathing.

2.2

- o 30 chest compressions.
- o Correct hand positioning.
- o 5-6cm compression depth.
- o 100-120 per minute.
- o 2 rescue breaths and correct positioning.
- o Rescue breath technique.
- o AED (defibrillator) technique and application.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 18

- o CPR - 2 minutes floor level demonstration.
- o PPE.
- o Barrier devices during rescue breaths.

2.3

- o Modifications to adult CPR for children and infants.
- o Pad placement on children and infants.
- o Infant and child AED settings/variances.
- o Ensuring that no one is touching the casualty during analysis and shock.
- o Recognition and actions to take for regurgitation.
- o Circumstances when it is acceptable to pause/stop CPR.
- o Clothing removal.
- o Excessive chest hair.
- o Pregnancy.
- o Rescue ready kit (razor, scissors, towel, PPE).
- o Implanted pacemaker or defibrillator.
- o Wet chest/wet surface (it is okay to deliver a shock if the casualty is on a wet or metal surface).
- o Medical patches (e.g. GTN patch).
- o Jewellery.
- o Moving machinery or vibrations.
- o Explosive atmosphere.

3.1

- o Normal breathing.
- o Uninjured.

An injured casualty may be placed in the recovery position if the airway is at risk (e.g. fluids in the airway or you need to leave the casualty to get help).

3.2

Placing a casualty into the recovery position may include:

- o Placing in a position that maintains a stable, open, draining airway at floor level.
- o Continually monitoring airway and breathing.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 19

o   Turning the casualty onto the opposite side every 30 minutes.
o   Placing a heavily pregnant casualty on their left side.

3.3

Continually monitoring airway and breathing includes continual checking for normal breathing to ensure that cardiac arrest can be identified immediately.

4.1

Recognising anaphylaxis may include rapid onset and rapid progression of a life-threatening airway, breathing and/or circulation problem:

o   Airway – Swelling of the tongue, lips or throat.
o   Breathing – Difficult, wheezy breathing or tight chest.
o   Circulation – Dizziness, feeling faint or passing out.
o   Pale, cold, clammy skin and fast pulse.
o   Nausea, vomiting, stomach cramps or diarrhoea.
o   There may also be a skin rash, swelling and/or flushing.
o   Training should cover common triggers for anaphylaxis.

4.2

Administering first aid for anaphylaxis may include:

o   Calling 999/112.
o   Correct casualty positioning.
o   Assisting the casualty to use their adrenaline auto-injector.
o   Resuscitation if required.

4.3

The use of a 'training device' adrenaline auto-injector: must be demonstrated using a training device and NOT a live auto-injector.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 20

Appendix One – Command Verb Definitions

The table below explains what is expected from each **command verb** used in an assessment objective. Not all verbs are used in this specification.

Apply	Use existing knowledge or skills in a new or different context.
Analyse	Break a larger subject into smaller parts, examine them in detail and show how these parts are related to each other. This may be supported by reference to current research or theories.
Classify	Organise information according to specific criteria.
Compare	Examine subjects in detail, giving the similarities and differences.
Describe	Provide detailed, factual information about a subject.
Discuss	Give a detailed account of a subject, including a range of contrasting views and opinions.
Evaluate	As with compare but extended to include pros and cons of the subject. There may or may not be a conclusion or recommendation as appropriate.
Explain	As with describe, but extended to include causation and reasoning.
Identify	Select or ascertain appropriate information and details from a broader range of information or data.
Interpret	Use information or data to clarify or explain something.
Produce	Make or create something.
State	Give short, factual information about something.
Specify	State a fact or requirement clearly and in precise detail.

Specification V1.3 – February 2026 |
ProQual Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis for Hair, Beauty and Aesthetics

Page | 21

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